# IAAF WORLD INDOOR CHAMPIONSHIPS
## NANJING, CHN - 13/15 MARCH 2020

| DAY 1 - Friday, Morning, 13 March | | | |
|---|---|---|---|
| 09:35 | 60m Hep | M | |
| 09:55 | 60m H Pen | W | |
| 10:15 | 60m | W | R1 |
| 10:25 | Long Jump Hep | M | |
| 11:00 | 400m | M | R1 |
| 11:15 | High Jump Pen | W | |
| 11:45 | 400m | W | R1 |
| 11:55 | Shot Put Hep | M | |
| **12:28** | **Triple Jump** | **M** | **F 1-5** |
| 12:30 | 1500m | W | R1 |
| 13:00 | 800m | M | R1 |
| 13:15 | Shot Put Pen | W | |
| 13:30 | 3000m | M | R1 |
| **13:54** | **Triple Jump** | **M** | **F 6** |

| DAY 1 - Friday, Afternoon, 13 March | | | |
|---|---|---|---|
| 00:00 | Opening Ceremony | | |
| *17:55* | *Triple Jump* | *M* | *MC* |
| 18:05 | Long Jump Pen | W | |
| 18:10 | 60m | W | SF |
| 18:35 | 400m | W | SF |
| 19:00 | 400m | M | SF |
| 19:00 | High Jump Hep | M | |
| **19:20** | **Shot Put** | **W** | **F 1-5** |
| **19:25** | **Long Jump** | **M** | **F 1-5** |
| **19:50** | **800m Pen** | **W** | **F** |
| **20:15** | **3000m** | **W** | **F** |
| **20:35** | **Shot Put** | **W** | **F 6** |
| **20:45** | **Long Jump** | **M** | **F 6** |
| **20:55** | **60m** | **W** | **F** |
| *21:00* | *Pentathlon* | *W* | *MC* |

| DAY 2 - Saturday, Morning, 14 March | | | |
|---|---|---|---|
| 09:35 | 60m H Hep | M | |
| 09:55 | 60m | M | R1 |
| 10:35 | Pole Vault Hep | M | |
| **10:40** | **Triple Jump** | **W** | **F 1-5** |
| 10:50 | 1500m | M | R1 |
| *11:15* | *3000m* | *W* | *MC* |
| 11:25 | 800m | W | R1 |
| **11:55** | **Triple Jump** | **W** | **F 6** |
| *12:05* | *Shot Put* | *W* | *MC* |
| 12:15 | 60m H | W | R1 |
| *12:55* | *Long Jump* | *M* | *MC* |

| DAY 2 - Saturday, Afternoon, 14 March | | | |
|---|---|---|---|
| *17:45* | *60m* | *W* | *MC* |
| *17:55* | *Triple Jump* | *W* | *MC* |
| **18:05** | **Pole Vault** | **W** | **F** |
| 18:10 | 60m H | W | SF |
| 18:35 | 60m | M | SF |
| **19:05** | **800m** | **M** | **F** |
| **19:10** | **High Jump** | **M** | **F** |
| **19:30** | **1000m Hep** | **M** | **F** |
| **19:50** | **400m** | **W** | **F** |
| **20:10** | **400m** | **M** | **F** |
| **20:30** | **1500m** | **W** | **F** |
| *20:45* | *800m* | *M* | *MC* |
| *20:51* | *Heptathlon* | *M* | *MC* |
| **21:05** | **60m H** | **W** | **F** |
| *21:10* | *400m* | *W* | *MC* |
| **21:20** | **60m** | **M** | **F** |
| *21:25* | *400m* | *M* | *MC* |
| *21:31* | *1500m* | *W* | *MC* |

| DAY 3 - Sunday, Morning, 15 March | | | |
|---|---|---|---|
| 10:05 | 60m H | M | R1 |
| **10:50** | **Long Jump** | **W** | **F 1-5** |
| **10:55** | **Shot Put** | **M** | **F 1-5** |
| 11:10 | 4 x 400m Relay | W | R1 |
| 11:35 | 4 x 400m Relay | M | R1 |
| **12:00** | **Shot Put** | **M** | **F 6** |
| *12:05* | *Pole Vault* | *W* | *MC* |
| **12:21** | **Long Jump** | **W** | **F 6** |
| **12:35** | **3000m** | **M** | **F** |
| *12:48* | *High Jump* | *M* | *MC* |
| *12:54* | *60m H* | *W* | *MC* |

| DAY 3 - Sunday, Afternoon, 15 March | | | |
|---|---|---|---|
| *16:40* | *60m* | *M* | *MC* |
| *16:46* | *Shot Put* | *M* | *MC* |
| *16:52* | *Long Jump* | *W* | *MC* |
| 17:05 | 60m H | M | SF |
| *17:15* | *3000m* | *M* | *MC* |
| **17:25** | **Pole Vault** | **M** | **F** |
| **17:30** | **High Jump** | **W** | **F** |
| **18:00** | **800m** | **W** | **F** |
| **18:35** | **1500m** | **M** | **F** |
| *18:50* | *800m* | *W* | *MC* |
| **19:30** | **60m H** | **M** | **F** |
| **19:40** | **4 x 400m Relay** | **W** | **F** |
| *19:45* | *1500m* | *M* | *MC* |
| **19:55** | **4 x 400m Relay** | **M** | **F** |
| *20:00* | *High Jump* | *W* | *MC* |
| *20:06* | *Pole Vault* | *M* | *MC* |
| *20:12* | *60m H* | *M* | *MC* |
| *20:18* | *4 x 400m Relay* | *W* | *MC* |
| *20:25* | *4 x 400m Relay* | *M* | *MC* |