|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **LAIKS** | **U-18** JAUNIETES | **U-20** JUNIORES | **U-18** JAUNIEŠI | **U-20** JUNIORI |
| **13:00** | DISKS | DISKS | 400M/B  LODE  T/L |  |
|  |  |  |
|  |  |  |
| **13:15** | 400M/B |  |  |  |
| **13:35** | 100M |  |  |  |
| **13:45** |  |  |  | LODE |
| **13:50** |  | 100M |  |  |
| **14:00** |  |  | 100M | T/L |
| **14:10** |  |  |  | 100M |
| **14:15** | LODE | LODE | DISKS |  |
| **14:25** | 800M |  |  |  |
| **14:30** |  | 800M |  |  |
| **14:35** |  |  | 800M |  |
| **14:45** | T/L | T/L |  | 800M |
| **14:55** | **100M FINĀLI** | | | |
| **15:00** |  |  |  | DISKS |
| **15:20** | 200M |  |  |  |
| **15:35** |  | 200M |  |  |
| **15:40** |  |  | 200M |  |
| **15:50** |  |  |  | 200M |
| **16:10** | 4X100M | |  |  |
| **16:20** |  |  | 4X100M | |

* Diska mešana un lodes grūšana jaunietēm un juniorēm notiek kopā.
* Mešanas disciplīnās pirmie trīs mēģinājumi pēc kārtas, finālā pa vienam.
* 100m skrējiena fināli secībā jaunietes, juniores, jaunieši, juniori.