**BALTIC STATES U-18 TEAM CHAMPIONSHIPS**

**2023 07 15 Šiauliai**

**Timetable**

**12:45 Opening ceremony**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Women**  |  | **Men** |
| **13:00** | Long Jump | **13:00** | Long Jump |
| **13:05** | Hammer Throw | **13:05** | Hammer Throw |
| **13:10** | Shot Put | **13:10** | Shot Put |
| **13:15** | Pole Vault | **13:15** | Pole Vault |
| **13:30** | 100 m | **13:35** | 100 m |
| **14:10** | 100 m Hurdles | **13:55** | 110 m Hurdles |
| **14:25** | 800 m | **14:30** | 800 m |
| **14:45** | 400 m | **14:50** | 400 m |
| **15:05** | 1500 m | **15:15** | 1500 m |
| **15:20** | Triple Jump | **15:20** | Triple Jump |
| **15:25** | Discus Throw | **15:25** | Discus Throw |
| **15:50** | 400 m Hurdles | **16:00** | 400 m Hurdles |
| **16:35** | 2000 m Steeplechase | **16:20** | 2000 m Steeplechase |
| **16:55** | 3000 m | **17:10** | 3000 m |
| **17:15** | Javelin Throw | **17:15** | Javelin Throw |
| **17:20** | High Jump | **17:20** | High Jump |
| **17:30** | 200 m | **17:35** | 200 m |
| **17:45** | 5000 m Race Walk | **17:45** | 10 000 m Race Walk |
| **18:45** | 4x100 m | **18:55** | 4x100 m |
| **19:05** | 4x400 m Mixed |
| **19:20** | **Victory Ceremony** |

Competition Director: **Darius Vrubliauskas**

Competition Secretary: **Alfonsas Buliuolis**